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**P**rashant Dhawan and Seema Anand have both found inspiration while in solitude and nature. For Prashant, he recalls pensive walks at the nature reserve near his childhood home in Delhi. During those walks, Prashant says his life moved at 0.2x speed. At this pace, he was able to spend a lot of time observing others, and he began to wonder what other people were seeking as they moved through the world. Eventually, Prashant settled that people are constantly searching for happiness.

Later, Prashant started to question whether the measures that people take to achieve fulfillment are really worth the steps to get there. As a self-proclaimed “researcher in happiness and bliss,” Prashant is constantly reminding himself that happiness is his first priority. Because it can be so easy to feel incomplete while striving to reach our goals, Prashant gives himself this title so that he doesn’t forget his *main* goal—happiness. In addition to his self-titled research position, Prashant holds a Master’s in Business Administration and a Bachelor’s in architecture.

Seema also recalls moments of walking and solitude that brought her closer to nature and her own happiness. On a 20-day trek through the Himalayas, Seema says that she connected with nature for one of the first times. She recalls completely losing track of time, and feeling as if life was simple for once. On this trek, all she knew was that when the sun came up she started walking, and when the sun went down she set up her camp. Growing up in Delhi, Seema had always been a city person. However, after this experience she developed a newfound love for nature.

Later, while in school studying architecture, Seema sought opportunities to return to the happiness she had found during those 20 days in the Himalayas. She remembers this project happily and looks back on it with a sense of pride. These experiences in the mountains have led Seema to seek similar levels of satisfaction and happiness throughout her career.

In 2003, Seema and Prashant were married. After their marriage, the couple moved to a city in southern India called Chennai. In Chennai, the couple found themselves working jobs that weren’t particularly fulfilling. In 2007, they moved

to Bangalore, where they currently live. However, during their first few years in Bangalore the couple were still not quite satisfied with their careers.

Two years later, Seema and Prashant discovered Biomimicry for the first time. It was a fateful day, on which the couple attended a lecture on Biomimicry at the Indian Institute of Science. Both Seema and Prashant remember feeling captivated by the principles of the subject. With a newfound interest, Seema went on to earn her certification as a Biomimicry Specialist from the Biomimicry 3.8 Institute in 2011. In 2015, Prashant received his Master’s in Biomimicry from Arizona State University, as well as his certification as a Biomimicry Specialist.

After earning her certification, Seema spent almost two years searching for opportunities to use Biomimicry however she could. At first it was difficult to find anyone who was interested in the subject. However, in 2013, a Chinese company contacted her to speak about Biomimicry to its employees. Although this was one of Seema’s first public speaking experiences, she knew that she needed to take the opportunity without thinking twice! It was after this talk that a professor at the Tongji University in Shanghai invited Seema to teach Biomimicry at his university.

After these teaching experiences in China, Seema and Prashant were able to achieve much more recognition in India. In 2015, after Prashant finished his degree from Arizona State University, the pair co-founded the Biomimicry India Lab and Studio. Now, Prashant and Seema teach Biomimicry in schools, universities, corporations, and in online workshops. After their early struggles, they have taught 190 Biomimicry workshops and have reached over 25,000 people. Prashant and Seema hope that future biomimics will never stop observing the people and the world around them. With the power of observation, Prashant and Seema were able to build Biomimicry India Lab and Studio and discover at least two paths to happiness!